# **Basic Female Makeup**

# Face:

#### **Base/Foundation:**

Apply a Natural toned theatrical/ stage makeup base such as Ben Nye or Kryolan, please match your skin tone. Apply to entire face, blending base into neck to assure that there is no makeup line showing on your face and neck. Set with a dusting of translucent powder.

#### Contour:

See instructions on separate sheet for female contour.

# <u>Blush:</u>

Apply a natural tone of blush to the cheek starting at the apple and sweeping back towards the hairline.

# <u>Lips:</u>

Use a lip liner pencil similar to your lipstick color line both upper and lower lip. Apply a natural shade of lipstick so that your lips are a little more pronounced, preferably something neutral or with a slight rose tint. This is to increase definition of your face under the stage lights. It should enhance your lips only

# Eyes:

# <u>Shadow:</u>

Use a medium to medium/dark brown on eyelid at lash line up to the crease. Apply highlight from above the crease to just under the eyebrow. If using cream makeup set with a dusting of translucent powder.

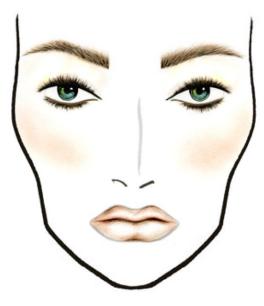
<u>Mascara</u>: Use a black or brown mascara on both upper and lower lashes. Avoid applying too much as this becomes clumpy.

# <u>Liner:</u>

Use a dark brown or black liner on the upper and lower lids on the lash line.

# <u>Brow:</u>

For performers with light eyebrows use a brown brow pencil or liner to feather in additional color. This will help define the eye and make you more visible to the audience



# **Female Contouring Makeup**

# Contour does not replace basic makeup

# Apply over your base/ foundation of basic makeup.

**Contour:** enhances shadows on the face. This should be moderately darker than your natural skin tone

#### <u>Cheeks:</u>

Using your dark contour color apply along cheeks below the bone to pronounce cheek bones.

# Nose/ Upper lip:

Apply contour color along outside of nose starting at the brow bone and along the sides and tip of nose

# <u>Temples/Forehead:</u>

Apply contour color in 5 small ovals near the hair line. There should be one near each temple, one center and the last two in between the temple and middle of the forehead. There should be space between these ovals. Do not connect them.

# Chin/ neck:

Apply contour color along the underside of the chin and in lines down the neck

# Blend all contour color so it's not a harsh line and more of a soft shadow.

**Highlight:** enhances the areas of the face that naturally catch the light. This should be slightly lighter than your natural skin tone.

# <u>Cheeks:</u>

Apply highlight under the eye and above the cheekbone around the sides of the nose and above the lip connecting into one large highlight

# Nose/ Upper lip:

Apply in a line straight down the center of the nose and a line on each side and below the upper lip contour.

# Forehead:

Apply in an oval shape in the middle of the forehead from above the nose to approximately the middle of each eyebrow.

# <u>Chin/Jaw:</u>

Apply to the tip of the chin and at the outer most points of the jaw (straight down from the ears). Apply one line on each side of the mouth along the lower lip.

Blend all edges together to create a seamless natural look. Set with Translucent powder.

